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Journal Info

B & B Medical Journal (BBMed) is an official journal of B & B Hospital, Gwarko, Lalitpur, Nepal and Hospital and Rehabilitation Center for Disabled Children (HRDC). This journal has been brought out as a next step in the milestone of academic activities of B & B Hospital and HRDC. The main purpose of this journal is to provide a forum for scientific discussion and presentation in the field of medical science as a whole. BBMed will be a common forum for all the medical specialties dealing with the diseases of the whole human body.

Even though this journal is mainly for the medical professionals of B & B Hospital and HRDC, it accepts quality articles from anybody in medical field in Nepal and around the world.

The journal is devoted to the entire medical fraternity, patients and general public of Nepal.

It will be published once a year.

On average, a total of 10-12 articles will be published per issue. One review article from any medical field that is relevant to diagnosis and management of patients in Nepal.

There will be four to five original articles from any medical field. Priority will be given to the research articles and case series studies.

In addition, there will be four to five case reports. Priority will be given to the rare cases where a multispecialty and unique approach in the diagnosis and/or treatment has been utilized relevant to Nepalese context.

One nursing report will be included in every issue. Special report on nursing service related to any nursing field and relevant to Nepalese context is encouraged.

American English will be the official language of the Journal.

Instructions to the authors

Manuscript Submission:

Articles can be submitted by sending a soft copy of manuscript along with a completely filled cover letter form by email to **academics@bbhospital.com.np**. BBMed has its own cover letter form, can be found in previous issues, website or can be requested to editors. **The cover letter form has to be filled and submitted, in word format, along with the manuscript.**

Language:

American English is the official language of this journal.

Articles:

B&B Medical Journal (BBMed) invites and accepts review articles, original articles including original research works, retrospective case series, analytical study, case reports, letters to editors and nursing reports that are not published or accepted for publication elsewhere.

Title:

It should be an appropriate title with the beginning letter of each word being capital and total word count not exceeding 25.

Abstract:

It should be concise and precise representing the whole article with total word count not more than 250. Abstract doesn't need sub divisions such as introduction, materials and methods etc.

Keywords:

Total 3-5 keywords, all beginning with small letter, not capital, arranged in alphabetical order separated by comma (,) with full stop at the end.

Authors:

Total number of authors for Review Article should not be more than 3, for Original Articles not more than 8 and for Case Reports not more than 4.

Name in full, complete qualification, department and full address of primary institute of all the authors should be provided. Academic or any other designations of the authors are not required.

Main Text & Manuscript Preparation:

The main text is divided into several divisions.

- For original articles, Introduction, Materials and Methods, Results, Discussion and Conclusions
- For case report, Introduction, Case Report, Discussion and Conclusions

Case Report: total number of words 1000 to 1500, number of references 5 to 10, number of figures maximum 2 to 4, number of authors 1 to 4.

Original article: total number of words not more than 3000, number of references 15 to 25, number of figures not more than 6, number of tables not more than 4 and number of authors not more than 8.

Review article: total number of words not more than 5000, number of references 15 to 25, number of figures not more than 6, number of tables not more than 4 and number of authors not more than 8.

Nursing Report: total number of words not more than 3000, number of references 10 to 25, number of figures not more than 6, number of tables not more than 6 and number of authors not more than 8.

References:

Referencing is according to Vancouver style. It should begin with name of authors followed by title of the article, year of publication and page number with full stop at the end.

Include names of six authors followed by et al if there are more than six. Do not give et al after three authors. Cite the reference number in the main text as superscript after comma or full stop. Arrange the reference list in reference segment serially as it appears in the main text, not in alphabetical order. References from the published journals as far as possible rather than text books or websites are encouraged.

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Journal: Yeo CJ, Cameron JL, Sohn TA, Lillemoe KD, Pitt HA, Talamini MA et al. Six Hundred Fifty consecutive Pancreaticoduodenectomies in the 1990s. *Ann. Surg* 1997; 226:248-57.

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Letter: Drake CG: Report of World Federation of Neurological Surgeons Committee on a universal subarachnoid hemorrhage grading scale. *J Neurosurg* 68:985-986, 1988 (Letter)

Foreign Language Journal: Loiseau H, Castel JP, Stoiber HP: Clinical, neuroradiologic and developmental aspects of idiopathic benign subarachnoid hemorrhage (subarachnoid hemorrhage of unknown cause). Retrospective study of 65 cases. *Neurochirurgie* 35:222-228, 1989 (French)

Authored Book: Jefferson G: The invasive Adenomas of the Anterior Pituitary. Springfield, III: Charles C Thomas, 1995, pp 56-60.

Article or Chapter in an Edited Book: Seiler R, Newell DW: Subarachnoid hemorrhage and vasospasm, in Newell DW, Aaslid R (eds): *Transcranial Doppler*. New York: Raven press, 1992, pp 101-107.

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Table of Contents

Editorial	I
Original Articles	
Factors Associated with Intention to Turnover and Quality of Work Life among Nurses Working at a Tertiary Care Centre in Nepal: A Cross-sectional Analytical Study	1-9
Rosy Shrestha, Jeffersona Naveen Tamrakar, Kshitiz Shrestha, Pushpa Koirala, Soni Shrestha	
Awareness regarding Obstructive Sleep Apnea among OPD Patients in a Private Hospital of Lalitpur	10-17
Chetana Sharma, Pushpa Koirala	
Alarm Fatigue among Nurses Working in a Private Hospital of Lalitpur: A Cross-sectional Analytical Study	18-30
Saraswati Khatiwada, Rosy Shrestha	
Prevalence and Associated Factors of Burnout Syndrome among Nurses in a Private Hospital of Nepal: A Cross-sectional Analytical Study	31-47
Prasamsha Rana, Jayanti Gautam	
Awareness Regarding Vitamin D Deficiency among Adult Females Attending the Outpatient Department at a Private Hospital in Lalitpur, Nepal: A Cross-sectional Analytical Study	48-56
Prasansha Banjara, Sandhya Pandit	

Clients' Satisfaction with Services of Outpatient Departments of a Private Hospital of Lalitpur, Nepal	57-65
Chahana Parajuli, Renuka Adhikari	
Work Life Balance among Nurses in a Private Hospital of Lalitpur: A Cross-sectional Analytical Study	66-75
Binisha Adhikari, Pushpa Koirala	
Awareness regarding Emergency Contraception among Students in a Private Secondary School of Lalitpur: A Cross-Sectional Analytical Study	76-87
Puja Sah, Saraswati Shrestha	
Epidemiology and Characteristics of Injury among Trauma Patients Presenting to the Emergency Department at a Private Hospital in Lalitpur, Nepal	88-96
Sarobara Rayamajhi, Renuka Adhikari	

